

# ST. LAWRENCE O'TOOLE ROMAN CATHOLIC CHURCH

19450 Opeongo Line, Barry's Bay, ON K0J 1B0

*Est. 1934*



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[www.stlawrenceotoole.ca](http://www.stlawrenceotoole.ca)

## **PASTOR**

Rev. Patrick M. Dobec, P.P.

## EIGHTEENTH SUNDAY IN ORDINARY TIME

2 August 2020

Let us pray . . .

Pope's Prayer Intention: The Maritime World – We pray for all those who work and live from the sea, among them sailors, fishermen and their families

For those who have died and left this transitory life . . . especially for the repose souls of the Pandemic victims.  
Requiescant in Pace!

Planning for end of life on earth is an expression of acceptance, trust and faith in the Resurrection.

# CELEBRATION OF MASS

Wednesday

4:00 p.m. Karl Coulas by Gwen Coulas  
Charles Burton by Family

Thursday

**The Transfiguration of the Lord**  
12:00 noon **The Angelus**  
12:10 p.m. Theresa Yantha by Bob and Margaret Serran

First Friday

9:00 a.m. John Landon by David and Ruth Lockhart  
Christian Patrick Dowd by Friends

**(ROSARY IS USUALLY RECITED 25 MINUTES BEFORE ALL WEEKDAY MASS & SATURDAY VIGIL MASS)**

## 19<sup>TH</sup> SUNDAY IN ORDINARY TIME

9 August 2020

Saturday

4:30 p.m. Caroline & John August by Gwen Coulas  
Reverend Patrick J. Tait by Family

Sunday

9:30 am Missa Pro Populo (Mass for all the People)

Sacrament of Penance (Confessions) – Saturdays at 3:45 – 4:15 p.m. in the Crying Room at the entrance of the Church and weekday in sacristy before all masses.

### AN ACT OF SPIRITUAL COMMUNION

MY JESUS, I believe that You are present In the Most Holy Sacrament.

I love You above all things, And I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

**Registered Households 181**  
**Last Sunday's Offering \$1918.00**

**55 Household Envelopes & 1 E-transfers: \$1773.00**

**Visitor: \$105.00**

**Loose: \$40.00**

Thank you for your generosity.

If possible consider your parish when preparing your will.

Make a legacy of faith that helps ensure our security for future generations.

TODAY'S GOSPEL REFLECTION – The very baking of bread mirrors the mystery of Christ as the compassion of God made human for us: the elements of bread come together and “die” to become bread as Christ dies to rise bringing all of humankind to the fullness of life in God. Bread is a living sign of what it means to be church: we come together with our gifts and talents, and, by the “yeast” that is the Spirit of God, we become the one bread, the Church, the body of Christ. In imitating Jesus’ three actions in today’s Gospel – blessing and giving thanks for what God has given to us, “breaking” from our blessings (including our time and energy) in order to contribute to the good of all, and “giving” in joy and humility – we transform our small offerings of fish and pieces of bread into the means for becoming the one Body of Christ.

## DO I NEED TO GO TO CONFESSION BEFORE GOING BACK TO MASS?

It is always necessary to examine your conscience before receiving Holy Communion, especially if it has been several months since you last received the sacrament.

In many parts of the world Catholics have not been able to attend public Mass for several months. Only recently have churches begun to open, though the obligation to attend Sunday Mass is still dispensed in most areas.

With this in mind, many Catholics are asking, “**Do I need to go to confession before returning to Mass?**”

The quick answer is “Yes” and “No.”

The *Catechism of the Catholic Church* explains, “**Anyone who is aware of having committed a mortal sin** must not receive Holy Communion, even if he experiences deep contrition, without having first received sacramental absolution, unless he has a grave reason for receiving Communion and there is no possibility of going to confession” (CCC 1457).

Basically, if you are aware of a mortal sin on your soul after examining your conscience **and** have the opportunity to confess your sins to a priest, then it is your duty to seek sacramental absolution.

In some dioceses there still exist some restrictions to the sacrament of confession, which makes this requirement a little tricky to fulfill. In those cases it is best to **contact your local priest** for instructions.

At the same time, it must be remembered that the requirement to go to confession only applies **if you desire to receive Holy Communion**. You are always permitted to attend Sunday Mass, even with mortal sins on your soul. In such a case, you would refrain from receiving Holy Communion and either remain in your pew, or cross your arms across your chest for a blessing from the priest.

You don’t need to receive Holy Communion when attending Mass, which is why going to confession is not a “strict” requirement for basic attendance.

Furthermore, if you are only conscience of **venial sins** on your soul, you are **permitted** to receive Holy Communion, even if you don’t go to confession.

The *Catechism* explains, “Without being strictly necessary, confession of everyday faults (venial sins) is nevertheless **strongly recommended by the Church**. Indeed the regular confession of our venial sins helps us form our conscience, fight against evil tendencies, let ourselves be healed by Christ and progress in the life of the Spirit. By receiving more frequently through this sacrament the gift of the Father’s mercy, we are spurred to be merciful as he is merciful” (CCC 1458).

When planning to attend Sunday Mass again, **examine your conscience, consult your local regulations** and take advantage of the healing sacrament of confession, allowing God to pour his abundant mercy into your soul.

ECROLOGY OF THE PRIESTS OF THE DIOCESE OF PEMBROKE: FOR AUGUST

Aubrey S. Kingdon – August 5, 1996

John Joseph Sammon – August 17, 1951

Reginald E. Dillon – August 24, 1981

Bernard Francis Hunt – August 27, 1983

Alphonse Harrington – August 29, 2011

Paul-Emile Bechard – August 30, 2011

Lord, hear the prayers we offer for the deceased priests of the diocese of Pembroke. They faithfully filled their ministry to your name. May they rejoice for ever in the communion of your saints.

*Requiescant in pace.*

A COVID-19 REFLECTION

As we enjoy this summer weather we remain acutely aware that many people in our own country and all around the world continue the battle against the COVID-19 pandemic.

As our hearts experience deep sadness for all the pain and loss, may we continue to take comfort and be strengthened in the words of Pope Francis:

“We are not disconnected from the rest of creatures, but joined in a splendid universal communion. As believers, we do not look at the world from without but from within, conscious of the bonds with which God has linked us to all beings.” (Laudato Si)

Our Prayers and Blessings Go Out To All!

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**PARISH REGISTRATION - ( Households who have not registered or a change of address, phone or email )**

Name: \_\_\_\_\_

Other Members of Household: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Envelopes: Do you need envelopes  yes  no *(Drop this into the collection basket or office, thank you)*

We encourage all households to register for many reasons for our future