

GOD'S ANSWER

You say:

It's impossible.
I'm too tired.
Nobody loves me.
I can't figure this out.
I can't go on.
I can't do it.
I'm not worth it.
I can't forgive myself.
I can't manage.
I'm afraid.
I'm worried.
I'm not smart.
I'm depressed.
I'm confused.
I am weak.
I am weary.
I have no peace.
I am in trouble
I'm brokenhearted.
I can't find you.
I am sinful.
I am anxious.
I need counsel.
I am tempted.

God says:

All things are possible.
I will give you rest.
I love you.
I will direct you.
My grace is sufficient.
You can do all things.
It will be worth it.
I forgive you.
I'll supply all your needs.
I've not given you fear.
Cast all your cares on Me.
I will give you wisdom.
I am your stronghold.
I will guide you into truth.
I am mighty.
Do not give up.
I will guard your heart.
I will deliver you.
I will heal you.
Seek with all your heart.
Sin will not master you.
Give me your anxiety.
I will instruct you.
Resist the devil.

Luke 18:27
Matthew 11:28-30
John 3:16
Proverbs 3:5-6
2 Corinthians 12:9
Philippians 4:13
Romans 8:28
1 John 1:19
Philippians 4:19
2 Timothy 1:7
1 Peter 5:7
1 Corinthians 1:30
Psalm 27:1
John 16:13
Zephaniah 3:17
Galatians 6:9
Philippians 4:7
Psalm 50:15
Psalm 147:3
Jeremiah 29:13
Romans 6:14
1 Peter 5:7
Psalm 16:7
James 4:7-8



IN EPIPHANIA DOMINI

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SUNDAY MASS

Saturday: 4:30 p.m.

Sunday: 9:30 a.m.

WEEKDAY MASS

See Bulletin

PASTOR

Rev. Patrick M. Dobec, P.P.

Parish Office Hours:

Monday, Wednesday, Thursday & Friday 9:30 a.m. to 2:30 p.m.

SACRAMENT OF PENANCE

Saturday 3:45 p.m. – 4:15 p.m. - Sacristy

Weekdays – Before weekday Masses in Sacristy

or by appointment

EVANGELIZATION: The Jesus Prayer – A Method To Pray At All Times

Did you know that there exists a method for praying at all times? It is called the Jesus Prayer and involves invoking the Name of Jesus as frequently as possible with the following formula, “Lord, Jesus Christ, Son of God, have mercy on me, a sinner.” This formula is based on the professions of faith of the apostle Peter (Mt 16:15), Martha (Jn 11:27) and the prayer of the publican (Lk 18:13).

This way of praying is very common in the Orthodox Churches and has been for hundreds of years. The Jesus Prayer is also called the Prayer of the heart because it leads to a progressive purification of the mind and allows one to constantly fix one's attention on the Lord. Practicing it uninterruptedly is a way of following the exhortation of Saint Paul: pray without ceasing (1 Thess 5:17).

The book called ‘The Way Of The Pilgrim’ offers valuable advice for those who want to start: “Sit in silence and solitude, bow your head, close your eyes; breathe more gently, look with your imagination into your heart, gather your intelligence, from your head into your heart. Say on the breath: ‘Lord Jesus Christ, have mercy on me’, in a low voice or simply in spirit . . .”

THE SOLEMNITY OF THE EPIPHANY OF THE LORD

2 JANUARY 2022

Let us pray . . . Pope's Prayer Intention: For true human fraternity – We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

For the Church, the People of God, a voice crying out for peace.

For this community of faith, called to constant faithfulness

For people who yearn for meaning and guidance in their daily struggle for survival.

For those who have died and left this transitory life . . . especially for the repose of the souls of those who are forgotten and have no one to pray for them, and all the Pandemic Victims. Requiescant in Pace!

CELEBRATION OF MASS

Wednesday	4:00 p.m.	Theresa Mary Yantha by Lornie and Aileen Yantha
Thursday	12:00 p.m. 12:05 p.m.	The Angelus Helen Aikenhead by Paul Aikenhead & Emilie Pigeon & Family
First Friday	9:00 a.m.	St. Andre Bessette, Religious Phelanda Hall by The Family Margaret Beanish by Friends

(Followed by Exposition of the Blessed Sacrament)

THE BAPTISM OF THE LORD

9 JANUARY 2022

Saturday	4:30 a.m.	Teresa Sullivan by Greg Sullivan Clarence Prince by Dorothy Prince
Sunday	9:30 a.m.	Missa Pro Populo (Mass for all the People)

LITURGICAL APPOINTMENTS

	January 8 th	January 9 th
Readers	Martin Yakabuski	Judy Filion
Extraordinary Ministers of Holy Communion	Maxine Smaglinski	Pierre-Paul Filion

Synod 2021 – 2023: All the diocesan Churches of the world have now entered into a great process called “synod”. Pope Francis officially launched this process on Saturday and Sunday, 9 and 10 October 2021 in St Peter’s Basilica in Rome. He invites all the faithful, men and women, religious men and women, and clergy to embark on a vast consultation movement that will reach its climax in two years. We hope that we will thus be able to better discern the missionary paths for our Church of today and tomorrow. May our synodal process be imbued with the life-giving anointing of the Holy Spirit and truly respond to the desires and expectations of the divine Heart of Jesus. In the coming weeks, you will receive invitation cards to distribute to your fellow parishioners and community members, so they can invite baptized people who have drifted away from the Church to respond to the synod’s questions. We hope you will receive these invitation cards before the Christmas celebrations. The celebrations offer a great opportunity to reach out to people who attend church only occasionally. The questionnaire containing the Synod’s questions will be posted online (www.pembrokediocese.com) in the week of December 20th. All parishioners are invited to take the Synod survey by visiting the diocesan website. You will find easy access to the questionnaire on the home page.

The Legend

Now on that cold winter night when Jesus was born, the shepherds were not the only ones on the hillside tending their flocks. A young shepherdess, called Madelon heard what the Angel told the shepherds. Hearing the news, the young girl’s heart became full of love and devotion and filled with faith. At a distance she followed the Angel, the Magi and the shepherds to the stable where Jesus lay in the manger, cared for by Mary and Joseph.

She watched as they entered the stable and the Magi laid their wonderful gifts of gold, myrrh and frankincense before the baby Jesus. She watched as the shepherds gave their gifts of honey, fruit and snow-white doves. Realizing she had nothing to give she rushed back to the hillside to try and find flowers that she could lay before him.

Finding none on the snow covered hillside she became full of shame and despair and began crying. As she cried her tears fell down her face onto the snowy ground around her. Seeing this from on high the Angel came down and touched the ground and a bush of the most beautiful winter roses sprang forth at her feet.

The angel told her, “No gold, no frankincense, no myrrh, is as precious, or as fitting a gift for the Prince of Peace as these pure blooms that are born from the pure tears of love, faith and devotion.”

Let us pray

For those who have lost loved ones an haven’t been able to gather to mourn and pray.

For those who been sick themselves, whether with COVID or a disease untreated because of COVID restrictions.

For those who have no easy access to the vaccine.

For those entrepreneurs who are facing the loss of their business or employees losing jobs.

For all front-line workers who daily put themselves at risk for the benefit of others.

For those who live in abusive relationships to shelter-in-place.

For those this cold winter without shelter to find open, warm, healthy and safe spaces.

For those suffering from mental illnesses to cope with isolation that COVID has inflicted.

Let us all reflect on all the blessings we have received and always look to share these tangibly with others.

Registered Households 173

Last Sunday Offering \$627.00

Household Envelopes & 4 E-transfers: \$3117.00

Loose: \$125.00

Visitors: \$710.00

Christmas Offering up to date: \$2997.00

Donation: \$10.00

Building Fund: \$50.00

Thank you for your generosity! God bless you all!