

Saint Lawrence O'Toole Parish

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Fr. John N. Burchat, Parish Priest

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Office Hours

Tuesday & Friday
9:30 a.m. – 1:00 p.m.
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✠ Second Sunday of Lent ✠

February 25, 2024

I LOVE LENT 2024: Lent is also about what can I add to my spiritual practices and not just about giving up things. Consider some of the following:

- * Prayer: add extra time in your day for prayer. 15 minutes is good, longer if you can.
- * Add in extra spiritual reading. Take some extra time for Lenten prayer as a family.
- * Add in a daily Rosary, Divine Mercy Chaplet, the Jesus Prayer.
- * Replace a snack with a prayer instead.
- * Read and pray the passion narratives in the Gospels.
- * Memorize a verse of Sacred Scripture each week.
- * Go to weekday Mass whenever possible.
- * Go to the Stations of the Cross (HCM Wednesdays @ 7p.m.; SLO Fridays @ 9a.m.) or pray them privately.
- * Read and pray the daily Mass readings.
- * Go to the Sacrament of Reconciliation after making a good examination of conscience.
- * Be more mindful of doing the corporal and spiritual works of mercy.
- * Keep a Lenten prayer journal.
- * Get daily email reflections at:

<https://dynamiccatholic.com/bestlentever>

<https://www.mydailyvisitor.com/lent/>

<https://www.wordonfire.org/reflections/lent/>

SACRAMENT OF RECONCILIATION: Before all weekday and weekend Masses.
With visiting priest-confessors on:

Sunday, March 17; 1:00 – 2:00 pm. at Holy Canadian Martyrs

Sunday, March 24; 1:00 – 2:00 p.m. at St. Lawrence O'Toole

BLESSED SALT: You are always welcome to bring your own supply of salt to have it blessed after any Mass by Fr. Burchat.

Second Week of Lent

February 26 – March 2

Tuesday 9:00 a.m. (with *Our Lady of Perpetual Help Devotions*)
+ Lawrence Sullivan *by Estate*

[Wednesday @ Holy Canadian Martyrs – 7p.m. Mass beginning with the Stations of the Cross]

First Friday 9:00 a.m. (Beginning with the Stations of the Cross)
Intention of Carmel Rumleskie *by Jane Rumleskie*

+ Third Sunday of Lent +

March 3, 2024

Saturday 4:00 p.m. + Deceased Family Members of Paul J. Yakabuski, Parents,
Siblings & Spouses *by Karen Yakabuski*

Sunday 10:30 a.m. Mass for the People

Liturgical Appointments

Readings

Communion

Offertory

March 2

Susan Coulas

Beverly Glofcheskie

Bruce Sullivan

Barry Dombroskie

March 3

Ursula Jeffrey

Terry Recoskie

John Jeffrey

Jason Dombroskie

SACRAMENT OF RECONCILIATION: Saturday 3:15 p.m. – 3:45 p.m. in sacristy.
Weekdays – before weekday Masses in sacristy or by appointment during office hours.

IN YOUR PRAYERS, PLEASE REMEMBER:

- that these 40 days of spiritual renewal may help us turn away from sin, be faithful to the Gospel, and receive new life in Christ Jesus.
- that the Lord Jesus would anoint with the gift of the Holy Spirit the process of calling forth a new bishop to shepherd our diocese.
- for parishioners and friends who are sick, especially: *Carmel Rumleskie; Nathaniel Burchat; Gerard O'Malley; Marg Abbott; Anna Nieman.*
- for those who have died, especially: *Glenn Allan Prince; Martha Prince.*

EASTER FLOWERS: for the Glory of God and in memory of loved ones or specific intentions can be made with the envelopes provided at the entrance of the church. The Masses of Easter will be offered for your intentions. Donations must be submitted by Tuesday, March 26th in order to have loved ones listed in the Easter bulletin memorial page.

Pour out a spirit of compunction, O God, on those who bow before your majesty, and by your mercy may they merit the rewards you promise to those who do penance.

This is the Prayer over the People at the end of Mass on Ash Wednesday. What is "a spirit of compunction" (*spiritu compunctionis*)? This could have been translated as "spirit of sorrow", but the translators were wise to retain the English equivalent of the word because of its ecclesiastical usage. "Compunction" has a wider connotation than the later theological term "contrition" and is found more frequently in the works of the Fathers of the Church. In later writings, both are often used synonymously and primarily to express sorrow felt for sin. The basic meaning of the Greek and Latin verb equivalents is to "prick" or "pierce". On the day of Pentecost, those who heard St. Peter's explanation of the events about Christ leading up to the coming of the Holy Spirit "were pierced to the heart (*compuncti sunt corde*) and said to Peter and the rest of the Apostles, "Brethren, what shall we do"?

As an effect of the Sacrament of Reconciliation, the "spirit of compunction", basically, is a special union with Christ, the conqueror of sin, passions and temptations. It includes therefore a clear and singular awareness of guilt, but not as a reason for anguish, but rather as reason for joyful gratitude, from the moment that guilt is discovered as pardoned, right up to feeling an almost instinctive disgust for evil. It includes also a special perception of human frailty, which also remains in part after the reception of the sacrament of Reconciliation and can lead anew to yielding to temptation and sin.

The "spirit of compunction" includes the gift of a peculiar clarity in discerning the commitment to the Christian life in all its moral areas and in its application to the individual person, and at the same time it includes the gift of a new capacity to fulfill these responsibilities. All this because God's pardon, received in the Sacrament of Penance, in a most original way creates a likeness to Jesus Christ.

The "spirit of compunction", therefore, is not from any sadness or fear, but it is the outburst of great joy resulting from the power and mercy of God, who in the Lord Jesus cancels out sins, and to whom we are called to correspond with a delicate conscience and fervent charity. ~ *St. John Paul II, General Audience and Catechesis; April 4, 1984.*

COMMEMORATIONS OF THE SACRED PASCHAL TRIDUUM: March 28-31, 2024

Holy Thursday:	7:00 p.m. at St. Lawrence O'Toole
Good Friday:	12:00 p.m. at St. Lawrence O'Toole
	3:00 p.m. at Holy Canadian Martyrs
Easter Vigil:	8:00 p.m. at Holy Canadian Martyrs
Easter Sunday:	8:30 a.m. at St. Francis de Sales
	10:30 a.m. at St. Lawrence O'Toole

LAST WEEK'S SUNDAY OFFERINGS:

Total: \$2,811.75; (Envelopes: \$1,584.00; Loose: \$117.75; Visitors: \$140.00; Fuel: \$10.00; Building Fund: \$130.00; Initial: \$20.00; E-transfers: \$810.00) [People at Mass:4:00 p.m./116; 10:30 a.m./101]

EVENINGS OF PRAISE, WORSHIP AND INTERCESSORY PRAYER – Thursdays at 7:00 p.m. in the St. Lawrence O'Toole parish hall.

SCRIPTURE STUDY: on The Gospel of Mark is held on Tuesday mornings after mass January 30 - March 26, from 9:50 a.m. to 11:10 a.m. in St. Lawrence Parish Hall. Everyone is welcome to drop-in any week through Lent. Consider it an alm to our Lord. Please bring your Holy Bible.

THE “LIFT JESUS HIGHER RALLY” is an annual event for Youth and Adults that focuses on evangelizing through uplifting music, testimonials, reflections, Divine Mercy celebration and Eucharistic Adoration. This year's theme is "Take Heart By His Wounds We Are Healed". This event will take place at the Metro Toronto Convention Center, on Saturday, March 2nd. For more info: <https://www.ljhr.ca/>

POT O’GOLD TICKETS & PARISH SOCIAL: The CWL will be doing their Pot O’ Gold ticket draw on Sunday, March 17 after the 10:30 a.m. mass and invite you to a social in the parish hall where the draw will take place. Come join us for some music, refreshments and the draw.

EVERY YEAR ON THE SECOND SUNDAY OF LENT, we move from Jesus’ baptism and temptation in the desert to his first prediction of his death, his teaching about the costs of discipleship and his transfiguration on the holy mountain.

In the mystery of Jesus’ transfiguration, we are given the promise that in our conformity to Christ and communion with him, our human nature is being restored and transformed in its image and likeness of God.

On the holy mountain, God affirms that Jesus is his Son in words reminiscent of the voice at Jesus’ baptism. In addition, the appearance of Moses and Elijah on the mountain connects this moment in the life of Christ to God’s relationship with his chosen people. Moses and Elijah represent the Law and the Prophets, respectively. Together, and fulfilled in Jesus, they are the Word of God that forever proclaims God’s covenantal love and fidelity.

The Lord Jesus has also shown us the way up the mountain, inviting us into a new way of living in Him through living within the communion of the Church. Transfiguration begins right now and continues unto a fullness of eternal life in God with the Resurrection